









## **Independent Living**

## **Social Wellness Month**

KEY:*=Sign-up \$=Charge ACS=Arts & Crafts Studio AR=Aerobics Rm CBR=Club Rm CLR=Commons Living Rm CR=Carolina Rm GR=Georgia Rm MR=Meditation Rm SP=Sun Porch Card=Card Parlor ME=Main Entrance COL=Colonnade PDR=Private Dinning Room						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1st David Lapp 1st Sandy Wright 2nd Mike Taylor 2nd Judy Diebold 3rd Bill Macauley 4th Henrietta Humphreys 4th Jeanette Lord	5th Dick Mayne 10th Gayle Meadows 11th Janice Forrest 12th Marilyn Brown 14th Anne Alston 14th Henry Schumpf 15th Patience McIntyre	16th Nancy Sessions 22nd Joe Converse 27th Carol Marks 27th Richard Copperwheat 30th Jean Hickey 31st Bonnie Taylor 31st Ben Watts	(CR) 3:00 LCS Chef of the Year Livestream w/ Todd (CBR) 4:00 Water Volleyball	<b>10:00</b> Tour of the JA Discovery	10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 3:30 5 Crowns (CBR)
10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 1:30 Morris Museum Concert with Guitarist Hiroya Tsukamoto (ME)* 2:00 BW-TV Movie #698 3:00 Aiken Augusta Orchid Society (CH) 5:00 Vespers (GR)	0 Canasta (SP) 1:0	Chaplain Care (MR) Grief Support Group (CR) Billiards- Billiards Room Presbyterian Communion (CR) Covered Dish (GR)*	9:30 Shopping - Publix* 1:00 Craft Day (ACS)* 1:30 Shopping - Augusta Mall* 1:30 Shopping - Kroger* 3:30 Line Dance (AR) 4:00 Communion Episcopal Church Good Shepherd (CR)		11:00 5 Crowns (CBR) 11:00 5 Questions: End of Life Planning with Stephen Poteet (GR) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR)	9:00 Plantchella at Bedford Greenhouses (ME)*\$ 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 3:30 5 Crowns (CBR)
	Resident Council Meeting R) Conasta (SP) Pickleball (AR)	Tech Talk with Wyatt (ĆR) Chaplain Care (MR) Ball Billiards	9:30 Shopping - Kroger* 10:30 Catholic Mass St. Teresa (CR) 1:30 Shopping - Publix* 1:30 Shopping - Walmart* 2:00 Water Volleyball (Pool) 3:30 Line Dance (AR) 6:00 GreenJackets Baseball (ME) *\$	15 10:15 Bible Study - IL Residents (SP) 2:00 Communion Methodist Trinity on the Hill (CR) 4:00 Third Thursday Event (CBR)  THIRD THURSDAY	8:30 PX Shopping at Ft. Eisenhower (ME)*\$ 11:00 5 Crowns (CBR) 11:30 Lunch Bunch - Mally's Market (ME)*\$ 1:30 Mah-Jongg (Card) 1:30 Scoops & Smiles (BW Shoppe) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR)	10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 3:30 5 Crowns (CBR)
10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 Vespers (GR) 3:0	10 Party Bridge (Card) 10 Cooking w/ Craig (GR) 10 Canasta (SP) 11: 10 Greeting Card Club (ACS) 11:	Intro to Caremerge with Wyatt  Chaplain Care (MR) Wii Bowling PRACTICE Grief Support Group (CR)	9:30 Shopping - Publix* 1:30 Shopping - Hamricks* 1:30 Shopping - Kroger* 3:30 Line Dance (AR) 4:00 Communion Church / Good Shepherd Episcopal (CR)	10:15 Bible Study - IL Residents (SP) 1:30 Executive Director's Dialogue (GR) 4:30 Dinner Club-Old McDonalds Fish Camp (ME)*\$	11:00 5 Crowns (CBR) 11:00 Brandon Wilde Hour - Built to Move (GR) 1:30 Mah-Jongg (Card) 2:00 Quarter Bingo (GR) 3:00 Ping Pong (AR)	10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 3:30 5 Crowns (CBR)
10:00 Daily Qigong (BW-TV) 11:00 First Baptist Church of Augusta Livestream Service (CR) 2:00 BW-TV Movie #698 5:00 Vespers (GR)  2:0 4:1	Book Discussion Group (CR) Canasta (SP) Pickleball (AR) Monthly Birthday Bash (GR) 6:0	Chaplain Care (MR) Wii Bowling PRACTICE Billiards- Billiards Room BW Birding Club (Sun Porch) General Meeting CSRA rkinson Support Group	9:30 Shopping - Kroger* 10:30 Catholic Mass St. Teresa (CR) 1:30 Shopping - Publix* 1:30 Shopping - Mullins Crossing & Belk* 3:30 Line Dance (AR) 6:00 GreenJackets Baseball (ME)*\$	9:00 Veterans Coffee (CBR) 10:15 Bible Study - IL Residents (SP) 7:30 Chase Concert- Con Brio Quartet	the CSRA (GR)  12:00 Resident & Team Member Cookout (Wellness Gazebo)	10:00 Meet and Greet with Rev. Dr. Rick Nevard of Trinity on the Hill (SP) 10:00 Needlework Group (ACS) 1:30 Mah-Jongg (Card) 2:00 BW-TV Movie #698 2:00 Duplicate Bridge (CR) 3:30 5 Crowns (CBR)